

LOOKING FOR A TEAM TO SHOWCASE YOUR SKILLS ON A NATIONAL STAGE?



South Jersey Lynx Minor League Football Tryouts for 2011 season will be held on March 20 at Jack Curtis Stadium in Cooper River Park @ 11:00am (N. Park Drive & McClellan Ave) in Pennsauken, NJ (grass). New registrations will be between 10:30am and 11:00am. There will be a \$15 Tryout Fee. All participants will be tested in the following.

40 Yard Sprint

5-10-5 Shuttle

Agility Drills

Position Specific Drills



Please make sure you have workout clothes, cleats, your \$15 tryout fee (cash or debit), and your driver's license or id card. There will be no exceptions.

Minor League Football is one of the fastest growing sports in the country. Whether you want a chance to play at a higher level or just continue playing for the love of the game. We can help you accomplish your goals, win games and have a lot of fun while doing it. Come be a part of something special this year and tryout for the South Jersey Lynx!!!

Veterans are encouraged to attend and voluntarily workout as well as meet some of your new teammates.